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for authentic ayurvedamana products

from the house of





AYURVEDA MANA

The essence of pure ayurveda enhanced by generations of trust.





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Paithrukam Herbal Remedies and Trading is a part of Paithrukam Hospitality Group (PHG) promoted by Sajeev Kurup and Geetha Sajeev, who owns and runs Ayurvedamana Hospitals in Kerala, India. Ayurvedamana Hospitals are one of the oldest and authentic Ayurveda treatment/service providing homes in Kerala. A unique combination of Ayurveda, Kalari (martial art form) and Mara (Pressure point), treatment system follows here called "Ayurvedamana Way" keeps Ayurvedamana different from other Ayurveda Hospitals. Clients from all over the world comes to Ayurvedamana Hospital to avail the treatments and services making Ayurvedamana as their favourite health destination.





Our Philosophy (Original Quality Products)

Ayurveda medicine manufacturing sector now faces is the quantity of quality natural herbs, its identification, collection, and distribution. Due to the deforestation and forest rules and laws fetching the natural herbs from the forest is strictly restricted to the tribal community who are now engaged in different better social engagements. The Middle men collects the few from the original harvesters and mix it with lot of adulterated materials and supply in bulk to the big manufactures who need raw material in any form and the final end product comes in the most inferior way.

PHG started collecting the herbs from the tribal and local community directly and preparing the oils and medicines which are required for their captive use reiterating the quality. With these medicines and oils the results were excellent and reputation of Ayurvedamana Hospitals reached all over the world.

The bulk production of these oils and medicines are difficult mainly because of the availability of original ingredients and herbs. In order to meet the customers requirement on quality products, We decided to make it in small quantities with original ingredients and making process as contemplated in the classical text like Astangahurgayam and Sahasrayogam etc.... !! in these type of products the price will be little bit high comparing with the bulk manufactures using inferior quality /adulterated ingredients and skipping the original manufacturing method followed in the texts.





5 REASONS TO LOVE US

Our Vision is to lay the foundation for sustainable and responsible beauty and wellness products in the industry. We aim to curate formulations that are derived from age-old beauty and health recipes and make it affordable for you.



Handmade



Traditional text
book formulation



Tribal community
empowerment



100%
Natural



Essence of
Pure Ayurveda



 ayurvedashope 

RANGE OF PRODUCTS

Hair care

Body Care

Immunity Booster





SAHADEVYADI KERAM
/ SHADEVI KERAM
OIL FOR HAIR

250ml



The power of Sahadevi (*Vernonia cinerea*/Purple feabane) is a small shrub with lot of medical properties found in Kerala growing to a height of 0.5 feet to 3 feet. The leaves are having hairy surface beneath and the flowers are purple or pink, blooming only during the monsoon.

External Application in Head Only

Uses: Good for controlling premature greying of Hair, controls hair falls and loss, nutritious hair growth, Cures dandruff, gives good sleep and stimulates memory.

Directions of Usage: Apply 10ml, or adequate amount of oil to the scalp and hair with light massage and leave it for 30 Minutes to one hour and then shower with hot Water. Better to use Rasnadi Choornam (Dry Powder) Application on the forehead after bath.





NEELIBHRINGADI KERAM OIL FOR HAIR

250ml



Infused with Neeli (Indigo), Bhringaraja and Coconut Oil, Neelibhringadi Keram is one of Ayurveda Treasures. The hair oil is a unique blend of Neeli, Bhringaraja and other botanicals brewed in pure coconut oil and acts by penetrating deep into the roots and helps prevent issues like hairfall, irritable scalp and dandruff. Regular use of Neelibhringadi Keram reinforces hair strength; cooling the scalp and promoting hair growth. Our commitment to quality and adherence to classical Ayurvedic scriptures ensure a rich and potent blend of the ingredients that are pure and unadulterated, making your hair more stronger and lush.

External application in head only.

Uses: Reduces hair fall, helps to reduce premature greying of hair, Hair nourishment, relieves dandruff, Reduces the split end of hair.

Directions of Usage: Apply 10 to 15 ml, or Adequate Amount of oil to the Scalp and hair with light massage and leave it for 30 Minutes to one hour and then shower with hot Water. Better to use Rasnadi Choornam (Dry Powder) Application on the forehead after bath.





KANJUNNYADI KERAM OIL FOR HAIR

250ml



Kanjunnyadi Keram Ayurvedic hair oil provides nourishment and moisturisation to the hair and scalp, preventing dandruff and promoting healthy growth of the hair. The oil can also help with split ends and hair thinning hair; with the regular application.

Kayyanyadi Kera Tailam is the perfect combination of the key ingredients like Amla, Coconut, Guduchi and False Daisy. This Ayurvedic hair oil is traditionally applied for the treatment of hair related issues like hair fall, dandruff, premature greying and growth of hair.

External application in head only.

Directions of Usage: Apply 10ml, or Adequate Amount of oil to the Scalp and hair with light massage and leave it for 30 Minutes to one hour and then shower with hot Water. Better to use Rasnadi Choornam (Dry Powder) Application on the forehead after bath.



AKSHANGA TAILAM OIL FOR HAIR

250ml



A formulation mentioned in Text of Sahasrayogam , with its main ingredient being Bibhitaki (Aksha is a synonym), Neeli rasa, etc. gives a cooling effect by application, good sleep etc.

External application in head only.

Directions of Usage: apply an adequate amount of oil to the scalp and a light massage, and to be washed off after 3-40 mts.



RASNADI CHOORNAM POWDER FOR HEAD

50gm



Rasnadi Choornam is a safe and effective ayurvedic choornam that retains the warmth of the head, prevents mucus formation and helps clear blocked sinuses with regular use. It balances vata and kapha in the body and can also be used as a warm lepa/pack in cases of muscular spasm, tennis elbow, rheumatism etc.

Rasnadi Choornam or Rasnadi Churnam is an ayurvedic medicinal preparation in powdered form. Used as an external application to treat conditions like Sannipatajajwara (variety of fever), headaches, rhinitis etc. Rasnadi Choornam is also applied after every ayurvedic treatment as a preventive measure to balance the doshas.

Powder for Head application.

Mode of Use: Use a pinch of powder and apply on the forehead after bath. This is also used by the people who are getting recurrent cold after a head bath or suffering from sinusitis or sinus headache as an application making a paste on the sinus area or to the vertex.





KUMKUMADI TAILAM OIL FOR FACE

30ml



Kumkumadi Tailam is renowned for its use in rejuvenating and renewing the skin cells; illuminating the skin and bestowing a young and healthy glow. This ancient preparation consists of a whopping 20 to 26 ingredients all of which work in tandem towards perfecting the skin; dealing with issues like blemishes, scarring and ageing.

The main ingredient in this oil is the red thread-like pollen particles obtained from the vibrant purple coloured saffron flower. Saffron threads are rich in antioxidants and are known to have positive effects on the skin, providing moisturisation and nourishment.

Application for Face

Method of Use: Take a few drops of the Kumkumadi Tailam in the hands and apply it all over your face, neck and affected parts. Massage it evenly all over in circular upward strokes for 5 to 10 minutes. While applying the oil, one must keep in mind to let it stay for 2-3 hours and not wash off immediately.



BALAGULUCHYADI TAILAM / SHUDAMURTHAM OIL FOR BODY

500ml



Power of Chittamuthu or Amuthavalli (*Tinospora cordifolia*/Heart leaved Moonseed/ Guduchi) the plant of immortality, is a large creeper with wiry aerial roots found in the tropical regions of India. Its medicinal usages in Ayurveda is as an anti-aging herb. It is also said to be the "heavenly elixir" keeping the angles eternally young. Its active usages are found to be an anti-oxidant, anti-microbial, anti-toxic, anti-diabetic, anti-cancer, anti-stress, anti-inflammatory, anti-allergic, liver protective...etc and also Good for Vata-rakta (Gout Arthritis), Joint Pain, swelling, burning sensation in gout and similar conditions, Frozen shoulder. Rheumatic Problems...etc

Directions of Usage: Apply all over the body with gentle hand massage (down ward stroke) leave it for 30 minutes to one hour and wash it with hot water shower use of Green gram Powder or ayurvedic soap is better to remove the oil. Recommended to use Sahadeviyadi Thailam overhead and Rasnadi Choornam (Dry Powder) Application on the forehead after bath.



KARPURADI TAILAM OIL FOR BODY

500ml



As the name suggests the main ingredient to be Karpura (camphor). which has already a spiritual connection in India, widely used in pooja karmas because of its antiviral and other properties. The medicinal karpura is used in the formulation which is helpful in relieving pain etc:

Karpooradi Oil acts as an anti-neuralgic, antiseptic and soothing agent for nerves. Its local application provides good results in pain relief. anti-spasmodic etc

Directions of Usage: Take a few drops of Karpooradi Oil and apply it on affected joints or affected parts of the skin. Leave it for several hours or overnight. It should be used 2 to 3 times a day.





MURIVENNA OIL FOR BODY

500ml



Murivenna in its regional linguistic aspect it translates to oil for cut/ injury . It is an ancient formulation used in treatments of cut / injury etc. with its main ingredient as juice of Onion, betel leaves, kanjika which has anti-inflammatory and miraculous wound healing properties

Uses: For the skin diseases, cuts, wounds, and ulcers. It promotes quick recovery from the fresh as well as chronic wounds and ulcers. In addition, it is also useful for relieving pain and lowering inflammation associated with arthritis, sprains, and fractures. It provides strength to the muscle, ligaments, bones and joints. On the skin, it promotes healing of wounds and ulcers. It is also beneficial in cases of non-healing ulcers and diabetic foot ulcers.

How to use : Apply the oil in the affected area and wait for 30mts- 1 hr and then to be washed or have a hot water shower.





DHANWANTARAM TAILAM OIL FOR BODY

500ml



DhanwantharamTailam (Oil) is ayurvedic medicated oil formulated for Vata disorders. It can be used externally for the massage. Its internal oral intake and its external application both are beneficial in the treatment of paralysis, hemiplegia, quadriplegia, and physical weakness. It improves the strength of muscles, ligaments, tendons, and other tissues in the body.

Key ingredients being Cow milk, Bala, Dasamoola, it has a healing and also a promotive character at the same time .

Scopes: Nervine Tonic, Neuroprotective, Anti-paralytic, Anti-rheumatic or Anti-arthritis, Anti-inflammatory, Analgesic, Antispasmodic.

How to use: Apply the oil in the affected area all over the body. Can be washed after 45 minutes to 1 hour in hot water.





MAHANARAYANA TAILAM OIL FOR BODY

500ml



Mahanarayana Thailam is ayurvedic medicated oil prepared using sesame oil as a base and processed in several medicinal herbs that improves strength of the muscles, bones, and joints. It has a soothing effect and reduces joint inflammation. It is an effective remedy for all types of arthritic disorders especially for osteoarthritis. Its internal use gives instant relief from the knee pain. Its external use reduces joint inflammation and muscle fatigue.

As the name suggests it's an oil used to treat and in all conditions of vata disorders, to promote health, as a neuro- tonic, Musculo tonic.

Used for: Monoplegia, Bell's palsy (Facial Palsy), Tremors, Hearing loss or deafness, Oligospermia, Cervical dystonia (Spasmodic torticollis), Lock Jaw or Temporomandibular joint (TMJ) disorder.

How to use: Apply over body or affected area, can be washed over having a hot water shower .



SUDHABALA TAILAM OIL FOR BODY

500ml



An ancient formulation in the life science of Ayurveda Using Two powerful ingredients in the history of the science, other than that of base oil, Bala and Cow Milk. While bala is having a healing power over vitiated vata disorder there comes Milk, which is rasayana in its guna, Its Healing and nourishing at the same time .

Scope: Hemiplegia, Facial palsy, Paraplegia, Neuralgia for joint pain and restricted movement

How to use: Apply the oil over affected area, can be washed off by having a hot water shower after 30mts-1 hr.



KOTTAMCHUKAADI TAILAM OIL FOR BODY

500ml



With key ingredients as kottamsigruvayambu etc. having an analgesic property as the herbs used in this preparation is of hot in potency, bitter and pungent taste, light and dry in nature .

Hence this oil acts as analgesic, anti-inflammatory, antispasmodic and anti-arthritis. It is mainly used to treat swelling, pain, stiffness and all related musculo skeletal issues

Therapeutic indications: Pain and inflammation, Arthritis, Sciatica, Spondylosis, Tennis elbow, Bursitis, Numbness, Stiffness and ankle sprain

How to use: Apply over affected area and wash off after 1 hr. with hot water shower.



PRABANJANAM TAILAM OIL FOR BODY

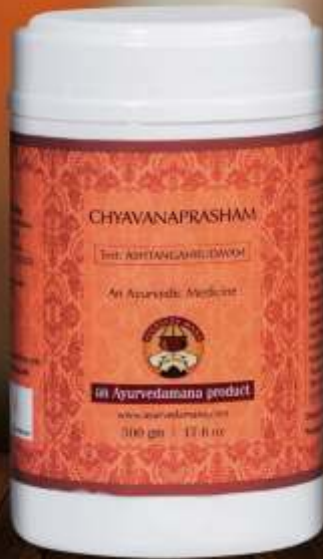
500ml



This composition includes many herbal ingredients such as Bala, Shigru, Varuna, Shatavari and many more. With vata pacifying property advised in vata vitiated conditions, pain, stiffness etc.

Scope: Strengthening of Muscles, Arthritis, Paraplegia etc

How to use: Apply over body, wait for an hour wash off with a hot water shower.



CHYAVANAPRASHAM IMMUNITY BOOSTER

500gm



Chyavanaprasham is an ancient herbal formulation consisting of Amla as the primary ingredient, making it a rich source of nutrients like Vitamin C, Vitamin E, Vitamin A, Iron and Calcium. The consumption of Chyavanaprasham helps bolster your immune system, promotes the growth of hair and nails, reinforces the strength and integrity of your bones and also helps keep respiratory issues in check.

Chyavanprasham is the be-all and end-all of holistic well being and immunity boosting, maintaining your body's vigour and vitality.

Main ingredient being Amlaki the various synonyms and its meaning are : Dhatri - takes care of the patient like a mother, Shriphala - fruit is auspicious, Amrutaphala - As good as nectar, Vayasya - anti aging

Usage: 1 Tea spoon as such or mix with a glass of warm milk two times a day.





AYUSH KWATH IMMUNITY BOOSTER

200gm



In the scenario of COVID- 19 Break out AYUSH Ministry of india along with its well experienced and established fraternity of Ayurveda practitioners came up with the formulation of Ayudshkwatha Chooranam in order to promote immunity and adding a milestone to the sector.

With Tulsi, Cinnamom, Black pepper, Shunti, all together acts well in treatment of Swasakasa etc .

Directions of use: 1 tea spoon to be boiled with 1 Litter of water and then can be had multiple times a day by adding raisins or jaggary for taste.





KAVA HONEY IMMUNITY BOOSTER

250gm



Honey has a long medicinal history. The ancient Egyptians made offerings of honey to their gods.

The phytonutrients in raw honey have anti-bacterial and anti-viral properties that can help to boost your immune system and fight sickness.

Forest honey is produced by honey bees belonging to the genus "Apis Dorsata" a wild genus. Extracted from honey dew of flowers from many rare species found only in forest of Kava.

Medicinal use: Anti-bacterial , Immunity Booster, Respiratory Problems, Cosmetic purpose. etc.



PAITHRUKAM HERBAL SOAP

HAND CRAFTED SOAP

80gm



Hand crafted with Nalpamaradi and Danthapala herbal oils.

Nalpamaradi oil is a powerful skin brightening and de-tanning oil that can be used on both face and body. It helps to brighten the complexion and also softens and repair the skin.

DanthapalaTailam is prepared by heating Danthapala leaves in pure coconut oil under sunlight until the leaves dissolves completely. This oil highly beneficial for dry skin, itching and psoriasis.

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